

# MONDAY CLUB PROGRAMME - SUMMER 2010

The Monday Club, part of Llanelli Ramblers, offers easy walks for members with bus passes.

Details from Val (01554) 755310.

There are normally TWO walks every Monday: a local "Homers" walk and one further afield for "Roamers." Members decide on the day whether they wish to be a Homer or a Roamer.

## HOMERS

Unless otherwise indicated, Homers walks start..

at 11.30am at the Leisure Centre car park.

Those present decide between themselves which local walk to choose. The walks are of two or three easy miles, usually followed by a meal.

## ROAMERS

Roamers' walks this summer are...

\* \* \* \* \* JULY \* \* \* \* \*

### **5<sup>th</sup> NEW! Cilmeri to Builth Wells**

Meet at station for the 9.34am Heart of Wales train arriving Cilmeri 11.19am. Walk the three miles to Builth for food and shopping and catch bus back for the 3.49pm return train, arriving Llanelli 5.32pm. Leaders Janice 01792 844121 and Sheila 750340.

### **12<sup>th</sup> NEW! Pontiets Circular**

Meet at the bus station for the 10.10am bus 195 to Pontyates (arr 10.26) for a four-mile walk along the old rail track (muddy in places) and country roads. Lunch at the Square and Compass (order on day). Return buses at 1.30am (194) and 2.37am (195), Leaders Derek & Sylvia 750253.

## **19<sup>th</sup> NEW! National Botanical Gardens**

NB: Group rate entrance (ten or more) is £5.50. Meet at the bus station for the 9am bus X11 to Carmarthen (arr 9.50) then the 10.08am bus 166 arrives 10.27am giving 2½ hours to walk/explore before catching the 12.55pm bus back (arr 1.18). (Or 4.53pm bus gives 6½ hours' stay.) Choice of food at Gardens' café or at Wetherspoons, Carmarthen. Leader Peter 770077.

## **26<sup>th</sup> Pwll (Talbot) to Burry Port**

Meet at the bus station for the 10.30am X11 bus to Pwll and walk the 2½ miles via coastal path and land bridge to Burry Port for food (order on day). Leaders Jan 759287 and Jackie.

\* \* \* \* \* AUGUST \* \* \* \* \*

## **2<sup>nd</sup> NEW! Park Mill to Reynoldston**

Meet at bus station for the 8.55am bus X11 to Swansea then the 9.40am bus 116 from Craddock Street (stop Dc) to Park Mill. Four-mile walk with lunch at King Arthur. Return bus at 1.27pm or 3.41pm, a 24-minute ride. Leader Gordon 753699.

## **9<sup>th</sup> Kilgetty to Saundersfoot**

Meet at the station for the 10.24am train for walk via Stepside and old mineral rail line to Saundersfoot for food (picnic or pub), then bus to Tenby. Return train at 3.44pm. Leaders Peter & Pauline.

## **16<sup>th</sup> NEW! South Cornelly to Nottage**

Meet at bus station for the 9.25am bus X11 to Swansea then the 10.15am bus 224 to South Cornelly, (arr 11.30) for four-mile walk (parts may be wet) - lanes/fields/coast path, passing Sker House - to Nottage for pub meal. Return bus at 2.49pm. Leaders Dave & Brenda 01792 529566.

## **23<sup>rd</sup> Victorian Festival, Llandrindod Wells**

Meet at the station for the 9.34am train (arr 11.36) for our Alan Memorial Walk and festival visit. Food at Lakeside Café and optional walk to Lovers' Leap. Return train 3.36pm. Leaders Sheila and Janice.

## **30<sup>th</sup> (BH) Roam Around Burry Port**

Meet at station for the 11.17am train to Burry Port for a local walk and food. Leaders Ken & Eirlys 835306.

\* \* \* \* \* **SEPTEMBER** \* \* \* \* \*

## **6<sup>th</sup> Caswell to Limeslade**

Meet at bus station with picnic for the 9.25am bus X11 to Swansea's Kingsway, than bus 2 at 10.30am to Caswell Drive for a three-mile walk down to Caswell and round cliffs to Limeslade. Buses back at 25 minutes past the hour. Leader Janice.

## **13<sup>th</sup> NEW! Kidwelly to Pembrey (via cycle paths)**

Meet at bus station for the 9.30am bus X11 to Kidwelly,(arr 10am). This is a flat, leisurely five-mile walk on paths and forest trails to Pembrey, then catching the 12.59pm bus X11 to Cornish Arms, Burry Port, for lunch. Leaders Dave and Gordon.

## **20<sup>th</sup> NEW! Loughor to Wetlands & beyond**

Meet at the bus station for the 10.30am bus 111 to Loughor Bridge. Walk the two miles back to the National Wetland Centre for food then a further 1½ miles on to Lydl's for bus 181 at 37 or 57min past the hour. (Aim for 1.57pm.) Leader Peter.

## **27<sup>th</sup> Coast Walk - Oystermouth to Swansea**

Meet at the bus station for the 9.55am X11 to Swansea then bus to Oystermouth for a leisurely

4-mile stroll into Swansea with lunch en route at the Pub on the Pond. Leader Brenda.

**NB: Details of the Autumn programme meeting will be distributed separately when confirmed.**