

# MONDAY CLUB PROGRAMME WINTER 2017

The Monday Club, part of Llanelli Ramblers, offers a choice of easy walks for members with bus passes. Decide each Monday whether to be a "Homer" - Eileen 01554 741306 or a "Roamer." - David 01656 716341.

## ROAMERS

Unless otherwise indicated the walks start from  
Llanelli Bus Station.

### \*\*\*\*\* JANUARY \*\*\*\*\*

#### 2<sup>nd</sup> Bryn to Joiners Arms

Catch 10.05am. bus L3/L4 to Bryn arrives 10.24. 4 mile linear walk to Llwynhendy on footpaths/fields (boots recommended) then quiet roads to return to the 'Joiners Arms' for food. Return bus 111 to Llanelli at 03/33 or bus 110 at 18/48 past the hour.

Leaders Maggie 405556 and Terri 749699.

#### 9<sup>th</sup> Carmarthen Circular

Catch 10.03am bus x11 to Carmarthen arrives 11.03. 3 mile circular walk around the town taking in new as well as existing tracks/paths. Food at 'Wetherspoons' or other eatery. Return bus x11 to Llanelli every half hour

Leaders Jackie 774203 and Jan 759287

#### 16<sup>th</sup> Cardiff Bay and Wetlands Circular

Catch 9.23am bus x11 to Swansea arrives 10.03. Then the 10.15am bus x10 (Cardiff Shuttle) arrives 11.17 in Cardiff Bay. 3 mile walk around the bay/ park/ wetlands returning for food at the bay where there are a choice of eatery. Return Shuttle bus to Swansea at 2.35pm arrives 3.45.

Leader David 01656 716341

#### 23<sup>rd</sup> Llanelli Coastal Path / Lake / North Dock

Catch 10.33am bus x11 arrives Talbot Inn Pwll 10.38. 3½-mile linear walk on coastal path taking you around the lake and north dock continuing on into Llanelli for food at the 'Hungry Horse' pub by the bus station.

Leader Dorothy T 834729

#### 30<sup>th</sup> Pontydawe to Clydach

Catch 9.48am bus x11 to Swansea arrives 10.23, then the 10.35am bus x50 arrives Pontardawe 11.23. 4-mile linear walk along the riverside/ canal on firm ground to Clydach then onto 'Millers Arms' for food. Buses back to Swansea every 30mins.

Leader Janice 01792 844121

### \*\*\*\*\* FEBRUARY \*\*\*\*\*

#### 6<sup>th</sup> Swiss Valley Reservoir

Catch 10.25am bus L2 to Swiss Valley shops arrives 10.47. 4 mile leisurely stroll to the top of estate then down to the reservoir for a circular walk around the reservoir then onto Felinfoel. Return bus L2 at 12.55pm. to Llanelli town centre for food at 'Hungry Horse'

Leaders Terri 749699/ Pat 401205/ David 01656 716341

#### 13<sup>th</sup> Llandovery Circular

Meet at train station 9.40am for the 9.54am 'Heart of Wales' train to Llandovery arrives 10.55. 4 mile walk around golf course perimeter, fields, riverside returning by quiet road to centre for food at 'Kings Head'. Return bus 281 at 2.00pm to Carmarthen arrives 3.27 then x11 bus at 3.40 arrives Llanelli 4.40 (or wait for return train at 4.46).

Leader David 01656 716341

#### 20<sup>th</sup> Ferryside (to see the snowdrops)

Meet at the train station 10.00am to catch the 10.21am train to Ferryside arrives 10.38. Note: Return train fare £5.30. 3½-mile walk (one incline) taking in the snowdrops on route and fine views of the estuary. Food at 'Ferry Cabin'. Return train at 3.13pm arrives Llanelli 3.30.

Leaders Dorothy T 834729 and Janice 01792 844121

#### 27<sup>th</sup> Enterprise Park to Clydach

Catch the 9.48am bus x11 to Swansea arrives 10.28. Then the 10.40am bus 159 arrives Enterprise Park 10.57. 3½-mile flat riverside linear walk on firm ground to Clydach for food at 'Millers Arms'. Bus back to Swansea every half hour.

Leader Janice 01792 844121

### \*\*\*\* MARCH \*\*\*\*

#### 6<sup>th</sup> Penyfai Lane to Furnace Pond

Catch 9.45am bus 195 to Maengwyn arrives 9.54. 3 mile walk down Penyfai Lane then taking the path across fields to Furnace Pond. Food at 'Stradey Arms'. Bus 197 back to Llanelli at 1.05/2.05, or short walk back to town.

Leader Dorothy W 07469185159

#### 13<sup>th</sup> Bryn to Tai-Bach

Catch 9.48am bus x11 to Swansea arrives 10.28. Then the 11.00am bus x3 to Bryn arrives 11.47. Leisurely 4 mile linear walk following old railway track on firm ground down to Goytre then onto Tai-Bach for food at 'Somerset Arms'.

Return bus x1 to Swansea at 15/45 past hour.

Leader David 01656 716341

#### THURSDAY 16<sup>th</sup> SPRING MEETING 11 30am

\* \* New Venue or Hungry Horse , Llanelli \* \*

#### 20<sup>th</sup> Llandrindod Wells Circular

Meet at train station at 9.40am. For the 9.54am 'Heart of Wales' train to Llandrindod Wells arrives 12.01. 3½-mile walk firstly up to the lake for a short drink/toilet break then onto 'Rock Spa/Lovers Leap' returning to town centre for food (choice of eatery) Return train at 3.41pm. Arrives Llanelli 5.52.

Leaders David 01656 716341 and Janice 01792 844121

#### 27<sup>th</sup> (New) Llanelli Cemetary Circular

Meet the leader at bus station at 10.30am for a 3 mile circular walk taking in the Llanelli cemetary and surrounding area before returning to town centre for food at 'Hungry Horse' pub by the bus station.

Leader Peter 770077