

# MONDAY CLUB PROGRAMME WINTER 2018

The Monday Club, part of Llanelli Ramblers, offers a choice of easy walks for members with bus passes. Decide each Monday whether to be a "Homer" - Eileen 01554 741306 or a "Roamer." - David 01656 716341.

## ROAMERS

Unless otherwise indicated the walks start from Llanelli Bus Station.

### \*\*\*\*\* JANUARY \*\*\*\*\*

1<sup>st</sup> News Years Day (No Walk)

8<sup>th</sup> Briton Ferry to Neath

Catch 9.48am. bus x11 to Swansea arrives 10.28, then 11.00am. bus 157 arrives Briton Ferry 11.20. Gentle 4-mile linear walk over/under road bridge then canal towpath into Neath. Choice of café/pubs in town centre. Return bus x55 to Swansea every 30 minutes. Leader David 01656 716341

15<sup>th</sup> Bryn to Joiners Arms

Catch 10.00am. bus L3/L4 to Bryn arrives 10.24. 4-mile linear walk to Llwynhendy on footpaths/fields (boots recommended) then quiet roads to the 'Joiners Arms' for food. Return bus 111 to Llanelli at 03/33 or bus 110 at 18/48 past the hour. Leaders Terri 749699 and Maggi 405556

22<sup>nd</sup> Llandrindod Wells Circular (Train)

Meet at train station at 9.40am. for the 9.54am. 'Heart of Wales' line train to Llandrindod Wells arrives 12.01. 3½ -mile walk firstly up to the lake for a short drink/toilet break then onto 'Lovers Leap/Rock Spa' returning to town centre for food (choice of eatery). Return train at 3.41pm. arrives Llanelli 5.52. Leaders Janice 01792 844121 and David 01656 716341

29<sup>th</sup> Discovering Afan Valley

Catch 8.48am bus x11 to Swansea arrives 9.25, then 10.00am bus x3 changing at Port Talbot to bus 83 arrives Pontrhydyfen at 11.01. 4-mile walk from Richards Burtons birthplace on dis-used rail track past Cwmavon onto Port Talbot for food (various eats) including Wetherspoons. Return bus to Swansea at 00/30 past hour. Leader David 01656 716341

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### \*\*\*\*\* FEBRUARY \*\*\*\*\*

5<sup>th</sup> Carmarthen Circular

Catch 10.03am. bus x11 to Carmarthen arrives 11.03, 3½ -mile circular walk around the town taking in new as well as existing tracks/paths then onto 'Wetherspoons' or other eatery. Return bus x11 to Llanelli every half hour. Leaders Jackie 774203 and Jan 759287

12<sup>th</sup> Clyne to Neath - Canal Walk

Catch 9.23am bus x11 to Swansea arrives 10.03, then the 10.13am bus x55 arrives Clyne 11.04. Leisurely 4-mile linear towpath walk on side of canal to Neath for various food options in town. Return bus x55 to Swansea every 30 minutes then x11 to Llanelli. Leaders Paul and Sue 01554 834010

19<sup>th</sup> Ferryside Circular (to see the Snowdrops)

Meet at the rail station 10.00am. to catch the 10.21am. train to Ferryside arrives 10.38. Note: Return train fare £5.50. 3½ -mile circular walk (one incline) taking in the snowdrops on route before circulating the town with fine views of the estuary. Weather fine bring picnic or find food on the day. Return train at 3.13pm. arrives Llanelli 3.30. Leaders Dorothy T 834729 and Janice 01792 844121

26<sup>th</sup> Aberavon Promenade

Catch 9.23am. bus x11 to Swansea arrives 10.02, then 10.30am. bus x1 arrives Port Talbot 11.00. Then bus 82 for short ride to Aberavon for start of walk. 3½ -mile flat easy stroll firstly along riverside then along promenade for food at the 'Four Winds'. Return bus to Swansea every half hour. Leader Dorothy W 07469185159

### \*\*\*\*\* MARCH \*\*\*\*\*

5<sup>th</sup> Llangadog Circular or Llandeilo Circular (Train)

Meet at train station 9.40am. for the 9.54am. 'Heart of Wales' line train to Llangadog arrives 10.45. 3½ -mile circular walk around the village on quiet roads, lanes and fields (wet in parts, boots essential) Food at 'Red Lion' Inn or 'Telegraph' cafe in village. Return bus 281 at 2.25pm. to Carmarthen arrives 3.24. then bus x11 at 3.40pm. arrives Llanelli 4.40. Return train also available at 1.06pm. for those wanting light snack at café next to station. Leader David 01656 716341

TUESDAY 6<sup>th</sup> MARCH SPRING MEETING 11 30am  
Venue 'PAVILION' CAFE . PWLL

12<sup>th</sup> Ystalyfera to Pontardawe (or visa/versa)

Catch 9.23am. bus x11 to Swansea arrives 10.03, then 10.35am. bus x50 to Ystalyfera arrives 11.45. Easy 4-mile walk following the river on a tarmac track to Pontardawe. Food at 'Pontardawe Inn' or other eatery. Return bus to Swansea x50 at 2.38pm. arrives 3.30 or x51 at 3.08pm. arrives 4.02 then x11 to Llanelli. Leader Janice 01792 844121

19<sup>th</sup> Penllergaer Valley Woods

Catch 9.48am. bus x11 to Fforestfach arrives 10.12. Choice 2½ -mile linear walk/4½ -mile circular walk on firm but sometimes wet ground past streams, lakes, waterfall and woodland. Food at 'Lezzet' café Penllergaer. Linear walk return bus x13 every 15 mins. change at Fforestfach. Circular walk return bus x11 to Llanelli at 00/30 past hour. Leader David 01656 716341

26<sup>th</sup> Burry Port - Pavilion - Llanelli

Catch 10.03am. bus x11 to Burry Port arrives 10.21. 3½ -mile linear walk along the welsh coastal path with half way tea/coffee break at the 'Pavilion' café. before moving on into Llanelli for food at 'Wetherspoons'. (those wishing to leave or join at the 'Pavilion' are welcome) Leader Dorothy T 834729

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