

MONDAY CLUB PROGRAMME WINTER 2018

The Monday Club, part of Llanelli Ramblers, offers a choice of easy walks for members with bus passes. Decide each Monday whether to be a "Homer" - Eileen 01554 741306 or a "Roamer." - David 01656 716341.

ROAMERS

Unless otherwise indicated the walks start from Llanelli Bus Station.

***** JANUARY *****

1st News Years Day (No Walk)

8th Briton Ferry to Neath

Catch 9.48am. bus x11 to Swansea arrives 10.28, then 11.00am. bus 157 arrives Briton Ferry 11.20. Gentle 4-mile linear walk over/under road bridge then canal towpath into Neath. Choice of café/pubs in town centre. Return bus x55 to Swansea every 30 minutes. Leader David 01656 716341

15th Bryn to Joiners Arms

Catch 10.00am. bus L3/L4 to Bryn arrives 10.24. 4-mile linear walk to Llwynhendy on footpaths/fields (boots recommended) then quiet roads to the 'Joiners Arms' for food. Return bus 111 to Llanelli at 03/33 or bus 110 at 18/48 past the hour. Leaders Terri 749699 and Maggi 405556

22nd Llandrindod Wells Circular (Train)

Meet at train station at 9.40am. for the 9.54am. 'Heart of Wales' line train to Llandrindod Wells arrives 12.01. 3½ -mile walk firstly up to the lake for a short drink/toilet break then onto 'Lovers Leap/Rock Spa' returning to town centre for food (choice of eatery). Return train at 3.41pm. arrives Llanelli 5.52. Leaders Janice 01792 844121 and David 01656 716341

29th Discovering Afan Valley

Catch 8.48am bus x11 to Swansea arrives 9.25, then 10.00am bus x3 changing at Port Talbot to bus 83 arrives Pontrhydyfen at 11.01. 4-mile walk from Richards Burtons birthplace on dis-used rail track past Cwmavon onto Port Talbot for food (various eats) including Wetherspoons. Return bus to Swansea at 00/30 past hour. Leader David 01656 716341

***** FEBRUARY *****

5th Carmarthen Circular

Catch 10.03am. bus x11 to Carmarthen arrives 11.03, 3½ -mile circular walk around the town taking in new as well as existing tracks/paths then onto 'Wetherspoons' or other eatery. Return bus x11 to Llanelli every half hour. Leaders Jackie 774203 and Jan 759287

12th Clyne to Neath - Canal Walk

Catch 9.23am bus x11 to Swansea arrives 10.03, then the 10.13am bus x55 arrives Clyne 11.04. Leisurely 4-mile linear towpath walk on side of canal to Neath for various food options in town. Return bus x55 to Swansea every 30 minutes then x11 to Llanelli. Leaders Paul and Sue 01554 834010

19th Ferryside Circular (to see the Snowdrops)

Meet at the rail station 10.00am. to catch the 10.21am. train to Ferryside arrives 10.38. Note: Return train fare £5.50. 3½ -mile circular walk (one incline) taking in the snowdrops on route before circulating the town with fine views of the estuary. Weather fine bring picnic or find food on the day. Return train at 3.13pm. arrives Llanelli 3.30. Leaders Dorothy T 834729 and Janice 01792 844121

26th Aberavon Promenade

Catch 9.23am. bus x11 to Swansea arrives 10.02, then 10.30am. bus x1 arrives Port Talbot 11.00. Then bus 82 for short ride to Aberavon for start of walk. 3½ -mile flat easy stroll firstly along riverside then along promenade for food at the 'Four Winds'. Return bus to Swansea every half hour. Leader Dorothy W 07469185159

***** MARCH *****

5th Llangadog Circular or Llandeilo Circular (Train)

Meet at train station 9.40am. for the 9.54am. 'Heart of Wales' line train to Llangadog arrives 10.45. 3½ -mile circular walk around the village on quiet roads, lanes and fields (wet in parts, boots essential) Food at 'Red Lion' Inn or 'Telegraph' cafe in village. Return bus 281 at 2.25pm. to Carmarthen arrives 3.24. then bus x11 at 3.40pm. arrives Llanelli 4.40. Return train also available at 1.06pm. for those wanting light snack at café next to station. Leader David 01656 716341

TUESDAY 6th MARCH SPRING MEETING 11 30am
Venue 'PAVILION' CAFE . PWLL

12th Ystalyfera to Pontardawe (or visa/versa)

Catch 9.23am. bus x11 to Swansea arrives 10.03, then 10.35am. bus x50 to Ystalyfera arrives 11.45. Easy 4-mile walk following the river on a tarmac track to Pontardawe. Food at 'Pontardawe Inn' or other eatery. Return bus to Swansea x50 at 2.38pm. arrives 3.30 or x51 at 3.08pm. arrives 4.02 then x11 to Llanelli. Leader Janice 01792 844121

19th Penllergaer Valley Woods

Catch 9.48am. bus x11 to Fforestfach arrives 10.12. Choice 2½ -mile linear walk/4½ -mile circular walk on firm but sometimes wet ground past streams, lakes, waterfall and woodland. Food at 'Lezzet' café Penllergaer. Linear walk return bus x13 every 15 mins. change at Fforestfach. Circular walk return bus x11 to Llanelli at 00/30 past hour. Leader David 01656 716341

26th Burry Port - Pavilion - Llanelli

Catch 10.03am. bus x11 to Burry Port arrives 10.21. 3½ -mile linear walk along the welsh coastal path with half way tea/coffee break at the 'Pavilion' café. before moving on into Llanelli for food at 'Wetherspoons'. (those wishing to leave or join at the 'Pavilion' are welcome) Leader Dorothy T 834729

MONDAY CLUB PROGRAMME SPRING 2018

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ROAMERS

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***** APRIL *****

2nd (Easter Bank Holiday) Bynea to Loughor

Catch 10.00am. bus 111 to Bynea station arrives 10.18. 3½ mile leisurely walk via Llanelli marshes, coastal path, over Loughor bridge then onto 'Reverend James' pub for food. Return bus 111 to Llanelli at 1.33 and 2.33pm. Leader David 01656 716341

9th Pontyates to Pontyberem

Catch 9.45am. bus 195 to Pontyates arrives 10.01. 3-mile leisurely walk along old dis-used railtrack (could be wet in parts) to Pontyberem for food at 'Caffi Cynnes'. Return bus 195 at 1.10pm. arrives Llanelli 1.40. Leaders Betty 01269 871468 / Dorothy W 07469185159

16th 'Dylan Thomas Walk' Swansea

Catch 9.23am. bus x11 to Swansea arrives 10.06, then 10.30am. bus 20A to uplands PO. Arrives 10.40. From Dylan Thomas house 4-mile walk via Cwmdonkin park down to Oystermouth road then coastal path to marina, past Dylan Thomas theatre to Swansea Castle for food at 'Yates Wine Lodge'. Return bus x11 to Llanelli at 15/45 past hour from Swansea bus station. Leader Terri 749699

23rd Resolven to Glynneath

Catch 9.23am. bus x11 to Swansea arrives 10.06, then the 10.40am. bus x55 arrives Resolven at 11.40. Easy, flat 4-mile walk on the riverside (if dry) or canal towpath (if wet) into Glynneath for food at 'Lamb and flag' or café in town. Return bus x55 at 3.11pm. to Swansea then x11 to Llanelli. Leader Dorothy W 07469185159

30th Clyne Gardens (in bloom) to Oystermouth

Catch 9.53am. bus x11 to Swansea arrives 10.36. and meet the leader, then a bus ride to the gardens for the start of 3½ mile leisurely walk around the gardens on firm ground with one short incline and steps then coastal path to Oystermouth for food. Return bus every 15 minutes. Leader Janice 01792 844121

***** MAY *****

7th (May Day Bank Holiday) Burry Port Saunter

Meet at Llanelli rail station for the 11.18am. train to Burry Port arrives 11.24, or go direct and meet at station car park. Leisurely 3-mile stroll around town and surrounding area returning for food at 'Cornish Arms'. Return train to Llanelli at 2.23 / 2.53pm. Leaders Ken and Eirlys 835306

14th Spring Break . . . Walking Holiday in Llangollen

15 ramblers are taking a walking holiday in Ellesmere and Llangollen Canal. Holiday dates (Saturday 12th to Thursday 17th May). Full walks / leisure programme available at Spring meeting.. Leader David 01656 716341

21st Caswell Bay to Mumbles Head / Oystermouth

Catch 9.23am. bus x11 to Swansea arrives 10.06, then 10.30am. bus 2 to Caswell Drive. Short walk down to Caswell Bay for 4-mile coastal path walk to Langland / Limeslade Bay then onto Mumbles Head or Oystermouth for food. Return bus every 15 minutes to Swansea.

Leader Janice 01792 844121

28th (Spring Bank Holiday)

Llanelli Ramblers Festival of Walks

As a group the meeting suggested we join and book walk no. 15 Pembrey Country Park and Cefn Sidan Beach . . . 4 miles fairly easy (grade D). See festival programme and book directly on the festival booking form when its released. As in previous years all walks are followed by a 'Welsh Tea' in the Catholic Hall, again please book direct on the festival booking form.

***** JUNE *****

4th Felinfoel - Reservoir - Tramway - Llanelli

Catch 9.55am. bus 128 to Felinfoel arrives 10.10. 3½ mile leisurely walk firstly up to the lower reservoir then up to the old tramway taking you down towards the coastal path for food at the 'Sandpiper'. After food take the x11 bus back into Llanelli town centre or make your own way back. Leaders Paul and Sue 01554 834010

TUESDAY 5th JUNE SUMMER MEETING 11 30am Venue 'PAVILION' CAFE . PWLL

11th Pembrey Linear Walk

Catch 10.03am. bus x11 to Pembrey arrives 10.30. 4-mile level walk, easy underfoot on good off road paths to Penybedd Woods and Ffwood Reserve then canal path to Pembrey for food at 'Ashburnham Hotel'. Return bus x11 to Llanelli at 12/42 past the hour. Leaders Doreen 832660 and Barbara 833714

18th Laugharne - including Dylan's Birthday Walk

Catch 10.05am. bus to Carmarthen arrives 11.05, then the 11.15am. bus 222 to Broadway arrives 11.58. 3½ mile coastal path walk on firm ground (one stile / one steep incline) taking Dylan's birthday walk into Laugharne. Food in square at café / fish shop or bring picnic. Return bus 222 at 2.22pm. to Carmarthen. Leaders Jan 759287 and Jackie 774203

25th Loughor to Penclawdd

Catch 10.10am. bus 110 to Loughor arrives 10.26. 4-mile walk along the Welsh Coastal path on tarmac tracks, pavements, wood and park (mostly firm underfoot) to Penclawdd. Food at 'Café Cariad' or 'Fish Shop'. Return bus 116 at 2.28pm. arrives Swansea 3.15. then x11 to Llanelli. Leader David 01656 716341

MONDAY CLUB PROGRAMME SUMMER 2018

The Monday Club, part of Llanelli Ramblers, offers a choice of easy walks for members with bus passes. Decide each Monday whether to be a "Homer" - Eileen 01554 741306 or a "Roamer." - David 01656 716341.

ROAMERS

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Llanelli Bus Station.

***** JULY *****

2nd Oystermouth to Swansea Bay (or visa/versa)
Catch 9.48am. bus x11 to Swansea arrives 10.36, then choice of bus to start walk at Oystermouth. 4-mile leisurely linear walk on the Welsh Coastal path into Swansea. First a 2½ mile walk stopping for food at 'Inn on the Pond' pub, then for those wishing to continue a further 1½ mile through Singleton Park onto coastal path into Swansea. Bus x11 to Llanelli at 15/45 past the hour.
Leaders Dorothy T 834729 and Janice 01792 844121

9th Kidwelly and Glanyavon River Walk
Catch 10.05am. bus x11 to Kidwelly arrives 10.42. 4-mile circular walk through park and around the town leading to the riverside walk by Glanyavon car park. Food at 'Castle Archway' or 'Burns' garden centre. Return bus x11 every 30 minutes to Llanelli.
Leader Dorothy T 01554 834729

16th Mewslade Bay to Rhossili
Catch 10.23am. bus x11 to Swansea arrives 11.06, then the 11.20am. bus 118 arrives Mewslade Bay 12.10. 3½ mile coastal walk at a leisurely pace to Rhossili. Its an up/down terrain, but not steep or hilly. If bright/sunny bring picnic or food at 'Worms Head Hotel' or café. Return bus 118 to Swansea at 4.00pm. arrives Swansea 5.05pm.
Leader David 01656 716341

23rd Mumbles Hill Bunkers
Catch 9.53am. bus x11 to Swansea arrives 10.36, then the 10.45am. bus 2B to Thistleboon arrives 11.17. 3½ mile walk passing (ww2) bunkers and gun sites; then down to Limeslade onto Mumbles Pier to Oystermouth for food (various choices of eatery). Buses back to Swansea every 20 minutes.
Leader Janice 01792 844121

30th Strady Woods and Castle
Catch 10.35am. bus x11 arrives Pwll 10.42. 3½ mile leisurely walk through Strady woods to Strady Castle returning to main road then coastal path finishing at the 'Sandpiper' for food. Return bus to Llanelli every 20 mins.
Leader Dorothy W 07469185159

***** AUGUST *****

6th Llwynhendy Circular via Llangennech
Catch 10.10am. bus 110 arrives 'Joiners Arms' 10.20. 3½ mile circular walk on tracks/ footpaths/roads, firstly slightly uphill then levelling off and may be muddy in parts. Returning for food at 'Joiners Arms'. Return bus to Llanelli every 15 minutes.
Leader Terri 749699

13th Llanelli Cemetary Circular Walk
Meet the leaders at bus station at 10.30am. for a 3-mile circular taking in the Llanelli Cemetary and surrounding areas before returning to town centre for food at the 'Hungry Horse' pub by the bus station.
Leaders Kay 07968 739420 and Peter 770077

20th Margam a walk in the park (with picnic)
Catch 9.23am. bus x11 to Swansea arrives 10.06, then 10.30am. bus x1 arrives Margam 11.16. 4-mile circular walk mainly flat (one incline) stopping on route for picnic in the park or snack in castle café. Return bus x1 back tSwansea at 07/37 past the hour.

Leaders Dorothy W 07469185159 & David 01656 715341

27th (Bank Holiday) Bynea to Loughor
Catch 10.00am. bus 111 to Bynea station arrives 10.15. 3½ mile leisurely walk via Llanelli marches/coastal path over Loughor bridge then onto the 'Reverend James' pub for food. Return bus 111 to Llanelli at 1.33/233pm.
Leaders Jan 759287 and David 01656 716341

***** SEPTEMBER *****

3rd Five Roads to Furnace
Catch 9.45am. bus 195 to Five Roads arrives 9.55. Leisurely walk down quiet road to dis-used railtrack then a 3½ mile linear walk on cycle track to Furnace for food at the 'Strady Arms' or a little further to the 'Sandpiper'. After food short walk into Llanelli.
Leaders Jan 759287 and Jackie 774203

10th Jersey Marine to Neath Abbey (or Neath)
Catch 9.23am. bus x11 to Swansea arrives 10.05, then 10.30am. bus x55 to Jersey Marine arrives 10.45. Flat, leisurely 4½ mile canal side walk with stop at 'Neath Abbey' for drink/toilet break. Continuing on canal into Neath for food (various eatery). Return buses to Swansea every 15 minutes.
Leader David 01656 716341

TUESDAY 11th AUTUMN MEETING 11 30am
Venue 'PAVILION' CAFE . PWLL

17th Penliergaer Valley Woods
Catch 9.53am. bus x11 to Fforestfach arrives 10.12. Choice 2½ mile linear walk/4½ mile circular walk on firm but sometimes wet ground past streams, lakes, waterfall and woodland. Food half way round walk at 'Lezzet' café in Penliergaer. Linear walk return bus x13 every 15 mins. Change at Fforestfach, circular walk return bus x11 to Llanelli at 00/30 past hour.
Leader David 01656 716341

24th Swiss Valley Reservoir
Catch 10.25 bus L2 to Swiss Valley shops arrives 10.47. 4-mile leisurely walk to top of estate then down to reservoir for a walk around reservoir then onto Felinfoel. (food to be checked out) or return bus L2 at 12.55pm. to Llanelli for food at the 'Hungry Horse'.
Leaders Joyce 752991

MONDAY CLUB PROGRAMME AUTUMN 2018

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ROAMERS

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***** OCTOBER *****

1st Llansteffen Circular

Catch 10.05am. bus x11 to Carmarthen arrives 11.05, then the 11.40am. bus 227 arrives Llansteffen 12.02. 3-mile circular walk around the village returning to 'Castle Inn' for food. Return bus 227 to Carmarthen at 2.52pm. Leader Maggi 01267 267183

8th (New) Upper Killay to Blackpill

Catch 9.23am. bus x11 to Swansea arrives 10.06, then the 10.20am. bus 119 to Upper Killay arrives 10.42. Pleasant, 4-mile walk taking us through fields, woods, caravan park, golf course and common land to top gate of Clyne Gardens down through the gardens to Blackpill for food at pub/cafe. Return bus back to Swansea every 15 minutes. Leaders Paul and Sue 01554 834010

15th Cilmeri to Builth Wells (Train)

Meet at Llanelli rail station at 9.40am. for the 9.53am. (Heart of Wales) train to Cilmeri arrives 11.36. 4-mile rural walk (boots recommended) on roads, fields, tracks into Builth Wells for food. Short walk to station for return train at 3.50pm. (or take bus to Llandrindod Wells if time allows) Train arrives in Llanelli at 5.52. Leader Janice 01792 844121

22nd Carmarthen Circular

Catch 10.05am. bus x11 to Carmarthen arrives 11.05, 3½ mile circular walk around the town taking in new as well as existing tracks/paths then onto 'Wetherspoons' or other eatery. Return bus x11 to Llanelli every half hour. Leaders Jackie 01554 774203 and Jan 01554 759287

29th Discovering the Afon Valley

Catch 8.53am. bus x11 to Swansea arrives 9.36, then the 10.00am bus x3 changing at Port Talbot to bus 23 arrives Pont-rhyd-y-fen 11.05. Pleasant 4-mile walk from Richard Burton's birthplace following dis-used rail track past Cwmavon to Port Talbot for food at 'Wetherspoons'. Return bus to Swansea every half hour at 00/30 past hour. Leader David 01656 716341

***** NOVEMBER *****

5th Oystermouth Castle, Woods, Swansea Bay.

Catch 9.53am, bus x11 to Swansea arrives 10.36, then choice of buses to Oystermouth for start of 4-mile walk. Starting in the castle grounds and woods, then onto coastal path around the bay for food at 'Inn on the Pond' in Singleton Park. Return bus back to Swansea every 15 minutes. Leaders Linda 01554 773219 and Ann 01554 834

12th Llandovery Circular (Train)

Meet at Llanelli rail station at 9.40am. for the 9.53am. (Heart of Wales) train to Llandovery arrives 10.55. 4-mile walk taking in golf course, fields, riverside returning by quiet road for 'Afternoon Tea' at the station. Return train 4.48pm. arrives Llanelli 5.47. or snack lunch returning by bus 281 at 2.00pm. arrives Carmarthen 3.27. then x11 at 3.45pm. arrives Llanelli 4.41. Leader David 01656 716341

19th Saltmarsh and Pembrey Country Park

Catch 10.05am. bus x11 to Tre-nel arrives 10.38. 4-mile walk to ski centre for short toilet break, then walk along Pembrey saltmarsh to Burry Port for food at 'Cornish Arms'. Return bus x11 to Llanelli every half hour. Leaders Dorothy T 01554 834729

26th Ystalyfera to Pontardawe

Catch 9.23am. bus x11 to Swansea arrives 10.06, then the 10.35am. bus x50 to Ystalyfera arrives 11.45. Easy 4-mile walk following the river on tarmac track to Pontardawe for food at 'Pontardawe Inn'. Return bus to Swansea x51 at 3.08pm. arrives 4.02. Leader Janice 01792 84412

***** DECEMBER *****

3rd Swiss Valley Reservoir

Catch 10.25am. bus L2 to Swiss Valley shops arrives 10.47. 4-mile leisurely walk to top of estate then down to reservoir for circular walk then branching off into Felinfoel for food at Thomas Watkins pub. Return bus L2 at 1.55pm. Leader Joyce 01554 752991

10th Ramblers Christmas Lunch

Last years Christmas lunch at the 'Ashburnham Hotel' in Burry port proved to be a success so I have re-booked it for this year. Further details will be given re deposits/food choice once the menus/price has been confirmed. Leader David 01656 716341

TUESDAY 11th WINTER MEETING 11 30am

Venue 'PAVILION' CAFE . PWLL

17th Parc Howard to Pwll

Catch 9.55am. bus 128 arrives 'Parc Howard' 10.01. Leisurely 3-mile walk, firstly around the 'Parc Howard' grounds then joining cycle track down to coastal path onto Pwll for food at the 'Pavilion Café'. Bus x11 back into Llanelli at 25/55 past hour. Leader Meg 01554 757004

24th Christmas Eve (No Walk)

31st New Years Eve (No Walk)

On behalf of Brenda and myself thanks for another great year we could not run the Monday Club without you. Lets hope and look forward to a successful 2019.