



*** PLEASE NOTE THAT ALL START TIMES REFER TO THE ACTUAL START OF THE WALK, SO
PLEASE CALCULATE YOUR OWN JOURNEY TIMES. ***

NEW WALKERS ARE ADVISED TO CONTACT THE WALK LEADER BEFORE STARTING OUT



THIS PROGRAMME IS SUBJECT TO CHANGES WHICH ARE NOTIFIED BY EMAIL AND UPDATED ON THE WEBSITE

Day	Date	Time	Grade	Miles	Walk Details	Contact	Tel. No.
END OF OCTOBER 2019							
Weds	23rd	10.30	C	6	Carmarthen	Andy and Linda	07833 794062 07507 533497
Sat	26th				Llangrannog Ceridigion Coastal Path – 25, 26 and 27 October	Rob & Jan	07974 102864
Sun	27th						
Weds	30th	10.30	C	6	Pontargothi Trinity Church & lanes	Keith Williams	07582 266932


NOVEMBER 2019							
Sat	2nd	2.00	D	3	Beating the Bounds, Llangennech with complimentary refreshments at the end of the walk	Alwyn	07989 138106
Sun	3rd						
Weds	6th	10.30	C+	6.5	Clydach	David Workman	01792 390791
Sat	9th						
Sun 10th		9.00	C+	6	Remembrance Sunday Walk. Wellington Bomber Site. 9 am start to arrive at crash site before 11 am - park at Dan-yr-Ogof	Alwyn/Elaine	07989 138106
							
Weds	13th	11.00	C	5	Green Castle Woods	Huw & Adrienne	01554 751777
Sat	16th	10.00	B	9	Fan Frynach	David Workman	01792 390791
Sun	17th						
Tues	19 th	6.30	D	2/3	A Stroll in the Dark (meet outside Pembrey Country Park)	Alwyn/Elaine	07989 138106
Weds	20th	10.30	C	5.8	Furnace/Pentrepoeth (big birthday walk)	Sandra Bennett	01554 777772
Sat	23rd	10.30	B	8.5	Pontsticill	John Davies	01792 864525
Sun	24th						
Weds	27 th	9.20	C	6	TRAIN WALKS – catching train from Pontarddulais to Bynea and walking back	Huw & Adrienne	01554 751777
Weds	27th		C+	8		Keith Williams	07582 266932
Sat	30 th						


DECEMBER 2019							
Sun	1st	10.00	C+	8	Llandybie	Pam Planchant	07974 184143
Weds	4 th	10.30	C	5	Carmarthenshire Agricultural College Campus & Gelli Aur House grounds	Hazel Blewett	01554 755331
Weds	4 th	10.30	C+	8	Cwm Ivy	Dave Clementson	01792 884777
Sat	7th						
Sun	8th	10.00	B	10	Cwmgiedd, Carreg Coch, Cribarth	John Davies	01792 864525

Weds	11th				 CHRISTMAS LUNCH 		
Sat	14th	10.00	C+	9	Oxwich/Parkmill Circular	John Davies	01792 864525
Sun	15th						
Weds	18 th	10.30	C	6	Brecon – Usk River & Brecon Canal Brecon	Rob & Jan Keith Williams	07974 102864 07582 266932
Weds	18th	10.30	C+	8			
Sat	21st	10.00	C+	8	Christmas Cracker - Dyffryn Woods, Neath	Alwyn/Elaine	07989 138106
Sun	22nd						
Weds	25th				MERRY CHRISTMAS 		
Sat	28th	10.30	D	3	SANTA TRAIL Meet outside Country Park 	Alwyn/Elaine and Mr & Mrs Santa Davies	07989 138106
Sun	29th						

JANUARY 2020							
Weds	1st				HAPPY NEW YEAR 		
Sat	4th	9.30 	C+	9	Llandeilo to Llandybie – train walk (HOWL) Meet at Llanelli Station	Elaine/Alwyn	07969 546379
Sun	5th						
Weds	8th	10.30	C+	7 or 4.3	Swiss Valley/Horeb	Eirwen	01554 770280
Sat	11th	10.00	C	9.5	Eastern Gower and western fringes of Swansea	John Maudsley	01792 298354
Sun	12th						
Weds	15 th	10.30	C	6	Pembrey Mountain	Huw & Adrienne	01554 751777
Weds	15 th	10.00	C+	9	Pembrey Mountain	Dave Clementson	01792 884777
Sat	18th						
Sun	19th	10.30	B	8	Baran & Bettws mountains	John Davies	01792 864525
Weds	22 nd	10.30	C	6	Pontarddulais	Dave Clementson	01792 884777
Weds	22nd	10.00	C+	9.5	Pontarddulais	Alan John	01554 821460
Sat	25th	10.15	B	9.5	Cilycwm	Peter Clark	01554 741480
Sun	26th						
Weds	29 th	10.30	C	6	Gower/Cwm Ivy	John Coates	01792 233639 07511 843951
Weds	29th	10.30	C+	8	Gower/Cwm Ivy	Bernard Dezelu	07855 807186

FEBRUARY 2020							
Sat	1st	10.00	C+	10	Reynoldston	David Workman	01792 390791
Sun	2nd						
Weds	5th	10.30	C	6	Carmel Woods (start at car park just after Stag & Pheasant)	Hazel	01554 755331
Sat	8th	9.30 	C+	11	Train walk: Cilmeri to Llandrindod Wells	John Maudsley	01792 298354
Sun	9th						
Weds	12 th	10.30	C	6	Gwendraeth Valley/Kidwelly	Heather Stretch	07815 010417
Weds	12th	10.30	C+	8	Gwendraeth Valley/Kidwelly	Keith Williams	07582 266932

Sat	15th	10.30	C+	?	Margam Country Park	Phil Cody	07974 757806
Sun	16th						
Weds	19 th	10.30	C	5.5	Rhossili	Phil Rogers	07730 474970
Weds	19th	10.30	C+	8	Rhossili	Dave Sealey	07527 225769
Sat	22nd						
Sun	23rd	10.30	B	9	Mynydd Llanllwni	John Davies	01792 864525
Weds	26th	10.30	D	4	CAWL WALK Pembrey 	Alwyn/Elaine Jeff/Diana	07989 138106
Sat	29th	10.00	B	7.5	Gwaun Hepste	Peter Clark	01554 741480

MARCH 2020							
Sun	1st						
Weds	4 th	10.30	C	6	Gower/Kittle	John Coates	07511 843951
Weds	4th	10.30	C	7.5	St. Nicholas	Phil Rogers	07730 474970
Sat	7th	9.30	B	12	Glamorgan Ridgeway	David Workman	01792 390791
Sun	8th						
Weds	11th	10.30	C	6	Swansea Canal	Rita Parry	07815 010417
Sat	14th	9.43 	C+	10	TRAIN WALK – train from Llangennech to Pantffynon and walk back	Huw & Adrienne	01554 751777
Sun	15th						
Weds	18 th	10.00	C	6	Perriswood	David Workman	01792 390791
Weds	18th	10.00	C+	8	Oxwich	Gary Williams	07852 771241
Sat	21st	10.30	B	9.5	Fishguard to Gwaun Valley (linear)	Peter Clark	01554 741480
Sun	22nd						
Weds	25 th	10.30	C	6	Usk Reservoir Circular	Rob & Jan	07974 102864
Weds	25th	10.30	C+	8	Usk Reservoir	Keith Williams	07582 266932
Sat	28th	10.30	C+	8	Sirhowy Valley	Teresa	07974 757806
Sun	29th						

APRIL 2020							
Weds	1 st	11.00	C	6	Llantwit Major	Sue Thomas	07984 874281
Weds	1st	11.00	C	9	Llantwit Major	Teresa	07974 757806
Sat	4th	10.00	C+	10	Rhossili to Port Eynon circular	Huw & Adrienne	01554 751777
Sun	5th						
Weds	8th	10.30	C+	6	Wiseman's Bridge	Dave Clementson	01792 884777
Sat	11th						
Sun	12th	10.30	B	10	Abercynon, Ynysybwl, Cilfynydd	John Davies	01792 864525
Weds	15th	10.30	C	6	Bryncoch	Heather Stretch	07815 010417
Sat	18th				CRICKHOWELL WEEKEND	Hazel/Jeff/Diana	01554 755331
Sun	19th				CRICKHOWELL WEEKEND	Hazel/Jeff/Diana	01554 755331
Weds	22 nd	10.30	C	6	Ewenny	Alan John	01554 821460
Weds	22nd	10.30	C	8.5	Ewenny	Phil Rogers	07730 474970
Sat	25th	10.30	B	10	Llangunnor	Phil Cody	07974 757806
Sun	26th						
Weds	29th	10.30	C+	7	Around Foel Drygan	Rob & Jan	07974 102864

ADVANCE NOTICE

1. All Wales Coast Path from Thursday 7 May to Sunday 10 May 2020 based in Llandudno. Contact Hannah/Diana for details 01554 833099.
2. All Wales Coast Path Monday 21 September to Friday 25 September 2020. Contact Hannah/Diana for details 01554 833099.

SOCIAL EVENTS

1. **Thursday 10 October 2019** – Guest Speaker, Carmel Richards - ‘Gardening’
2. **Friday 15 November 2019** – Music Sixties Night at the Cricket Club
3. **Thursday 5 December 2019** – Mince pies, mulled wine and quiz night
4. **Wednesday 11 December 2019** – Christmas Lunch at Glyn Clydach, Hotel
5. **Thursday 9 January 2020** – Games Night, Bowls Club
6. **Wednesday 26 February 2020** – Cawl Walk
7. **Saturday 29 February 2020** – Twmpath
8. **Thursday 12 March 2020** – Race Night, Halfway Public House
9. **Friday 3 April 2020** – Skittles and Curry Night, the Poachers Rest, Ferryside

For more information and tickets regarding social events please contact: -

Eileen – 01554 741306 or 07837 157175, Monica – 01554 820350, Teresa - 07974 757806