



THE 2013 FESTIVAL PROGRAMME



Walkers using the train meet at Llanelli Station. All other walks meet at the Selwyn Samuel Centre / Leisure Centre Car Park, Park Crescent, Llanelli.

Friday 24 May - 20:00hrs

Get together and briefing at The Selwyn Samuel Centre, Llanelli, where a bar will be available. (If you miss this, any relevant information will be available at the start of your first walk). **N.B. See "A few points to bear in mind" overleaf.**

Saturday 25 May

Walk 1 *Bus 08.45 hrs*

THE EPYNT WAY, EPYNT VISITOR CENTRE UPPER CHAPEL ROAD TO GARTH ROAD

Starting from the Epynt Visitor Centre we walk over wild moorland and hills, close to the north eastern boundary of the M.O.D. ranges, finishing along the southern ridge of the beautiful Vale of Irfon. This walk offers extensive views of the Brecon Beacons range.

Leader: John Davies **01792 864525** *9.5 miles, strenuous*

Walk 2 *Bus 08.45 hrs*

BRECON FORTS AND CATHEDRAL

In Brecon town centre we visit the Cathedral before making our way up to the Hill Fort at Pen y Grug with splendid views of the surrounding countryside. We continue to the Roman Fort at Y Gaer and return to Brecon via delightful countryside and along the riverbank with a chance to see dippers and grey wagtails.

Leader: Pat Pope **01792 881057** *7.5 miles, moderate*

Walk 3 *Bus 09.00 hrs*

STEPS OF THE SAINTS, GOWER (linear) LLANRHIDIAN TO LLANGENNITH

We start this idyllic walk at St.Rhidian & St.Illtyd's Church, Llanrhidian and head west, passing below Weobley Castle with stunning views across the estuary, until we reach St.Cadoc's Church, Cheriton, known as the Cathedral of Gower. Skirting Llanmadoc Hill, we call at St.Madoc's Church and continue along the Wales Coast Path via Blue Pool and Burry Holmes Island to finish at St.Cenydd's Church, Llangennith.

Leader: Huw Francis **01554 751777** *10.5 miles, fairly strenuous*

Sunday 26 May

Walk 7 *Bus 08.45 hrs*

THE EPYNT WAY, TIRABAD TO GARTH ROAD

From isolated Tirabad, deep in the heart of Crychan Forest, we climb steadily onto the plateau of Mynydd Epynt with the scenic Irfon Valley below and far-ranging views over the Cambrian Mountains to the west. Our return bus journey allows for time in Britain's smallest town - Llanwrtyd Wells.

Leader: John Maudsley **01792 298354** *10 miles, fairly strenuous*

Walk 8 *Bus 08.45 hrs*

GARTH TO LLANWRTYD WELLS

From Garth we follow the River Irfon south through fields and woodland to the spa hamlet of Llangammarch Wells. Here, open moorland offers views of the Cambrian mountains and Mynydd Epynt en route to Britain's smallest town - Llanwrtyd Wells.

Leader: John Cook **01554 759211** *8 miles, moderate*

Walk 9 *Bus 09.00 hrs*

STEPS OF THE SAINTS, GOWER (linear) LLANGENNITH TO PORT EYNON

Starting at St.Cenydd's Church, Llangennith we head south with amazing views across Rhossili Downs and the 'Worm' to St.Mary's Church, Rhossili. Continuing our way along the Wales Coast Path we pass Mewslade and the rocky outcrop of the Knave, before reaching St.Cattwg's Church at Port Eynon.

Leader: Jim Buttimore **01554 832771** *10 miles, fairly strenuous*

Walk 10 *Bus 09.00 hrs*

STEPS OF THE SAINTS, GOWER (circular) PORT EYNON

From the 12th Century St.Cattwg's Church, Port Eynon, given to the Knights of St.John by Robert de la Mare, we head northwest to West Pilton Farm with panoramic views along the South Gower coast. We continue past Culver Hole, a cave reputed to have been used as a hideaway for contraband, before returning to St.Cattwg's Church.

Leader: Rita Parry **01639 795814** *6.5 miles, moderate*

Monday 27 May

Walk 13 *Bus 08.45 hrs*

THE EPYNT WAY, FEDW TO TIRABAD

This third section of the Epynt Way starts at the viewpoint above Fedw with views across pleasant moorland and forestry. Higher open moorland paths offer views of the Cambrian Mountains and Brecon Beacons. We follow an ancient bridleway, cross a SSSI, and descend towards the FIBUA village of Tirabad.

Leader: Jeff Davies **01554 773687** *9.5 miles, strenuous*

Walk 14 *Bus 08.45 hrs*

PENTRE BACH, PANTYCELYN AND LLANDOVERY

A pleasant walk in rural Carmarthenshire on undulating paths and quiet lanes. We pause at Pantycelyn Farm, birthplace of renowned hymn writer William Williams, and at the chapel at Pentre-ty-gwyn before continuing to the historic market town of Llandovery.

Leader: Dorothy Taylor **01269 593080** *7.5 miles, moderate*

Walk 15 *Bus 09.00 hrs*

STEPS OF THE SAINTS, GOWER (linear) PORT EYNON TO PENMAEN

Starting at St.Cattwg's Church, Port Eynon, and finishing at St.John the Baptist's Church, Penmaen, this coastal walk takes in some of the best views on Gower including Port Eynon, Oxwich and Three Cliffs. With woods, dunes, rocky outcrops and board-walks, this walk has it all, including a guided tour around St.Illtyd's Church, Oxwich.

Leader: David Workman **01792 390791** *10 miles, fairly strenuous*

Walk 16 *Bus 09.00 hrs*

STEPS OF THE SAINTS, GOWER (circular) PENMAEN

As we cross bare upland, fields and leafy woodland, we pass more of Gower's churches, castles, stately homes and ancient sites. We overlook much photographed bays and cliffs, taking in views which can extend to the Beacons and Lundy, Preseli and Exmoor.

Leader: Greison Thomas **01792 534289** *7 miles, moderate*

Saturday 25 May *continued*

Walk 4

Bus 09.00 hrs

STEPS OF THE SAINTS, GOWER (circular) LLANGENNITH

Our walk starts from St.Cenydd's Church, Llangennith. Leaving the church we head northeast up and over Llanmadoc Hill to St.Madoc's Church. We then head west to Burry Holmes Island, which in the iron age was used as a Mesolithic seasonal camp; then back inland to St.Cenydd's Church. A chance to enjoy some of the best views on Gower.

Leader: Ron Morgan **01554 753282**

7 miles, moderate

Walk 5

By train

JOHNSTON, NEYLAND, MILFORD HAVEN

Meet at Station 09.05 hrs

Estimated time of return at Llanelli 18.30 hrs

Leaving Johnston station we make our way along a wooded cycle path to the marina at Neyland then on to the Wales Coast Path to enjoy spectacular views of Milford Haven, described by Admiral Lord Nelson as the finest harbour ever seen.

Leader: Alwyn Williams **01554 773597**

7 miles, moderate

Walk 6

Bus 10.00 hrs

THE GNOLL, NEATH, FAMILY RAMBLE

Enjoy a morning hike through the woods to the cascades – originally built in 1740 (restored in 1980s). Scramble down to the grotto (bring a torch to go inside), then follow the cascade down to the reservoir. Visit the adventure playground, stroll around the fish pond, feed the ducks, and join the rangers for pond dipping.

Leader: Eileen Beaumont **01554 741306**

4 miles, fairly easy

Website: www.llanelliramblers.org.uk

E-Mail: festival@llanelliramblers.org.uk

Family ramble



Sunday 26 May *continued*

Walk 11

Bus 10.00 hrs

CARMEL NATURE RESERVE

Walk through a rich geological area to ancient cairns; enjoy fine views; explore wildflower meadows and a nature reserve with a unique turlough lake. Return through massive quarries and evidence of a rich industrial past.

Leader: Stuart Davies **07871 489668**

7.5 miles, fairly strenuous

Walk 12

Bus 10.00 hrs

PONT TWYM, FURNACE PONDS, SANDY WATER PARK, LLANELLI, FAMILY RAMBLE

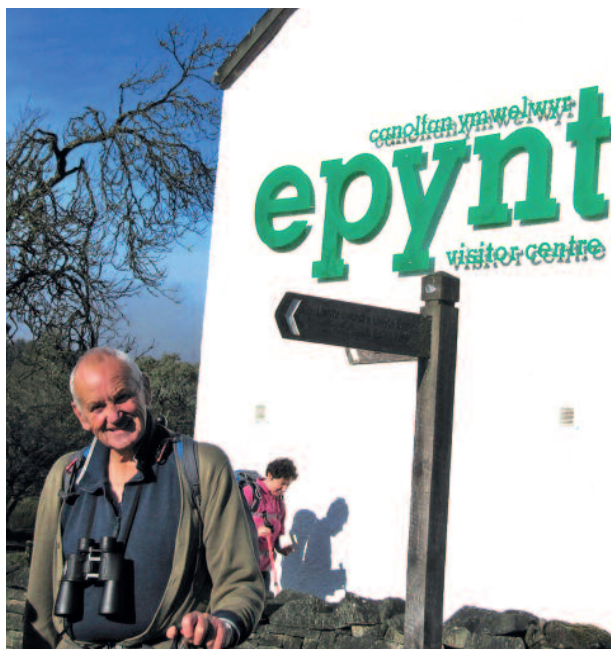
A leisurely walk passing Pont Twym, the former site of a Motte & Bailey castle, and Raby's Furnace Ironworks Site, where cannonballs were made for the Crimean war. We return along the cycle track to Sandy Water Park and finish at The Sandpiper, with its outdoor play area for the children, and a well-earned cuppa for the grown-ups.

Leader: Diana Bennett **01554 773687**

4 miles, easy

Festival Party!! 19.00 for 19.30 hrs at the Diplomat Hotel, Felinfoel

This year the party will include a 2 course carvery and disco. **£16 per person.**



Monday 27 May *continued*

Walk 17

By train

KIDWELLY CASTLE TO KIDWELLY INDUSTRIAL MUSEUM

Meet at Station 10.00 hrs

Estimated time of return at Llanelli 15.30 hrs

Alighting from the train, we wander through the historic landscape of the medieval town of Kidwelly with its 12th Century Norman castle enjoying the natural regeneration of the surrounding area and visiting the nearby industrial museum.

Leader: Heather Stretch **07815 010417**

5.5 miles, moderate

Walk 18

Bus 10.00 hrs

(a) CLYNE GARDENS

This leisurely walk takes us through beautiful landscaped gardens, renowned for rhododendrons, mostly on firm ground with one short descent with steps. We continue along Mumbles Way joining the coastal path at Blackpill then, with stunning views of the bay, we continue to Oystermouth with its well-preserved castle and pretty shops.

Leader: Dave Quarmby **01792 904133**

(b) MUMBLES TO SINGLETON PARK FAMILY RAMBLE

Starting at Mumbles with a visit to the Lifeboat Station, we enjoy a relaxed walk along the beach-front, stopping at Blackpill Lido for a paddle. We continue to Singleton Park where we can enjoy a well-earned ice cream and perhaps a boat on the lake.

Leader: Monica Rees **01554 820350**

4/5 miles, easy

Welsh Tea from 16.00 to 18.00 hrs - The traditional

Welsh tea and social gathering is in the Catholic Hall, Waunlanyrafon, Llanelli (backing onto the Leisure Centre). **£4 per person.**



In the steps of the Saints

