

Saturday, 9th October 2021

Location: Cerrig Lladron and Cwm Gwaun

Length: 9 miles Grade: B

Leader: Pam Planchant Back Marker: Pat Pope

To register: Contact Pam on 07974 184143

Registration will open at 10am on Monday, 4th October 2021

Monday, 11th October 2021

Monday Strollers:

Location: Pantyffynon Length: 4 miles (approx)

Maximum Number of Participants: 20

Leader: Keith Jones Back Marker: Ann Jones

To register: Contact Eileen, *by text preferably please*, on 07837 157175

Registration will open at 10am on Friday, 8th October 2021

Additional Information: The route of this walk is through fields and along roads. Some of the ground is uneven and there may be mud in places - it is therefore advisable to wear walking boots. There are two gates but no stiles. There will be an opportunity for a coffee break in a local coffee shop during the walk. Please note: this will be a 'train walk' using the Heart of Wales Line. Further information on the travel arrangements will be given during the registration process.

Roamers by Bus:

Location: Dunvant - Black Pill Length: 4 - 5 miles

Maximum Number of Participants: 20

Leader: Janice Evans Back Marker: Peter Davies

To register: Contact Janice on 07967 967411

Registration will open at 10am on Friday, 8th October 2021

Additional Information: This is an easy walk.

Wednesday, 13th October 2021

Walk 1:

Location: Carreg Cennen Castle Length: 5 miles (approx) Grade: C+

Maximum Number of Participants: 30

Leader: Keith Jones Back Marker: Colin Wright

To register: Contact Keith on 07710 097504

Registration will open at 9am on Friday, 8th October 2021

Additional Information: The route of this walk, offering some great views of the Castle, will take us to the source of the River Loughor. It is advisable to wear walking boots as there are two significant inclines and descents, some steps, six gates and a few stiles! Also, some of the paths could be muddy! *Please note:* the public toilets in the car park are closed and the toilets attached to the Tea Rooms may be used by customers only.

Walk 2:

Location: Llandovery - Myddfai Circular

Length: 8.5 miles Grade: C+

Maximum Number of Participants: 20

Leader: Keith Williams Back Marker: TBC

To register: Contact Keith on 07582 266932

Registration will open at 10am on Friday, 8th October 2021

Saturday, 16th October 2021

Location: Dryslwyn - Aberglasney - Golden Grove Circular

Length: 10 miles Grade: C+/B-

Leader: Peter Clark Back Marker: Ian Rooney

To register: Contact Peter on 07794 736135

Registration will open at 9am on Monday, 11th October 2021

Additional Information: There is one fairly long steep ascent through woodland towards the end of the walk.