

**Saturday, 25<sup>th</sup> June 2022**

Location: Pontypridd

Length: 10 miles (approx)          Grade: B

Leader: Alwyn Williams    Back Marker: Elaine Jenkins

To register: Contact Elaine on 07969 546379 (*by text preferably, please*)

Registration opened at 10am on Monday, 20th June 2022

**Monday, 27th June 2022**

**Monday Strollers:**

Location: Llansteffan

Length: 4 miles (approx)

Maximum Number of Participants: 20

Leader: Mandy James    Back Marker: Eileen Beaumont

To register: Contact Eileen on 07837 157175 (*by text preferably, please*)

Registration will open at 10am on Friday, 24th June 2022

Additional Information: This is a very scenic circular walk with spectacular views over the estuary. During the walk, which will be taken at a leisurely pace so that we can appreciate the views, there will be some walking on sand and some stretches of gradual 'uphill' walking along the coastal path. The 'finale' of the walk will be the castle at the end of it. Please bring a drink and a snack as there will be two stops. *Please note that walking boots are advisable and a walking pole could be useful.*

**Roamers by Bus:**

Location: Llanelli Circular

Length: 4 miles (approx)

Maximum Number of Participants: 20

Leader: David Hughes    Back Marker: Peter Davies

To register: Contact David on 07591 170897

Registration will open at 10am on Friday, 24th June 2022

**Wednesday, 29th June 2022**

**'STRAWBERRY TEA' WALKS**

**Walk 1:**

Location: Burry Port / Pembrey

Length: 5 miles (approx)      Grade: C

Leader: Eirwen Stephens      Back Marker: Nina Clements

To register: Contact Eirwen on 07712 654423 (*by phone or text*)

Registration will open at 10am on Saturday, 25th June 2022

Additional Information: This will be a leisurely, flat walk along the canal to Penybedd where we will stop for an early lunch prior to our Strawberry Tea later in the afternoon. We will then return to Burry Port along the coastal path, stopping off at Pembrey Old Harbour to admire the views. Sturdy walking shoes should be sufficient as footwear for this walk. No dogs, please.

**Walk 2:**

Location: Burry Port and the surrounding area

Length: 7.5 miles (approx)      Grade: C+

Leader: Alwyn Williams      Back Marker: Elaine Jenkins

To register: Contact Elaine / Alwyn on 07969 546379

Registration will open at 10am on Friday, 24th June 2022 (*please note: registration **by text only** on Saturday, please*)

Additional Information: *Please note that* it is advisable to wear long trousers.

## **Saturday, 2nd July 2022**

Location: Reynoldston and the surrounding area

Length: 8 miles      Grade: C+

Leader: David Workman      Back Marker: Dai Roach

To register: Contact David on 07885 759984 (*by text, please*)

Registration will open at 10am on Tuesday, 28th June 2022

Additional Information: The route of this walk will take us along Cefn Bryn towards Hillend and Fairyhill. We will then follow Burry Pill at the base of Ryers Down and cross over the Roman Bridge heading towards Bovehill on the coast. We will then take a slight diversion to appreciate the view and to see the remains of earthworks at Bovehill Top before joining the coast path towards Llanrhidian. We will walk over Landimore Marsh and pass by Weobly Castle before reaching Llanrhidian where Staffal Haegr (the remains of the woollen industry in times gone by) is an unusual feature in the landscape. We will stop for a short time at St Rhidian and St Illtyd's Church in Llanrhidian to study the history, including what is alleged to be a Viking Stone in the porch. From Llanrhidian we will then follow the path up to Cefn Bryn and return to Reynoldston.

*Please note that* there will be some good opportunities for taking photographs during the walk.

If the weather remains hot and sunny please bring sun protection and plenty of water.